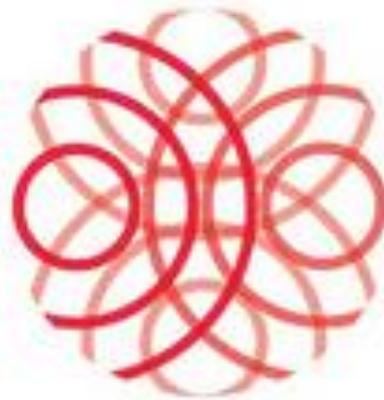




Connections are the key: Unlocking the heart of relationship-based practice



CORRA
FOUNDATION



PDI
Partnership
Drugs Initiative

About Corra & Partnership Drugs Initiative (PDI)

Our vision is for a society in which people create positive change and enjoy fulfilling lives.

Operating since 2001, informed by a group of experts, by qualification or by life experience

Funds projects based on relational based practice and long-term support

Use evidence and learning from projects to influence policy and practice

When match funding is incorporated, has allocated £56,000,000 directly to charities working with families and children affected by alcohol and drugs

Work in partnership with Scottish Government



Connections are the key: Unlocking the heart of relationship-based practice

The latest PDI project will be looking at elements of relationship-based practice that support strong relationships in families. We believe that relationships are the key to positive well being and healthy development.

Working with academics, policy makers and practitioner workers over the next year, we will listen to the experiences of third sector workers, children and families about how relationship-based practices can be used to build strong relationships and help children and families living with drugs and alcohol.



Our Research Process

Scoping Review:

Step 1 will gather literature on the emergence and elements of relationship-based third sector support services. This is to uncover important elements of support that assist in helping children and families living with drugs and alcohol, and the social barriers and supports that affect the practice in the third sector.



Archive Review:

To make sure that we have collected useful data from Scotland, the project looked at 87 annual reviews received from PDI funded charities between 2014-18 to explore how relationship-based practice is currently working with children and families.

Theme 3: Third Sector Collaborative Work

Findings

Collaborative third sector support is the presence of a working relationship between two or more people working together from different organisations to support a child, young person or family. This could be a support worker being in contact with a school teacher to keep updated with a young persons' progress, or an ADP working with the police or NHS to give feedback on local issues.

Schools are one of the most frequently included service in collaborative work

Preliminary results show cross-sector collaboration as the main component of relationship-based practice rather than cross-family-member collaboration.

Kith n Kin 'The Kith n Kin Perth project is a working partnership between Perth and Kinross Council' *Aberlour Childcare Trust and Tayside Council on Alcohol.*

- 35 practitioners over 8 different charities across Scotland taking part in 1-1 conversations.
- 15-20 young people, children and parents taking part in 1-1 conversations.



You know, people come in and within five minutes, you're comfortable. That's a massive asset for them.

They get to know you. And it may not change the behaviours initially. But you have to be honest.

When you're building a relationship with the family, you can see that poverty is a part of their life.

Respecting people, respecting people's decision making and choices.

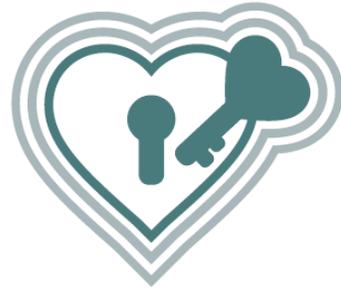
Because nothing will change until we start looking. At the end, it's simple. Respect, trust, relationships.

It's coming back to this relationship. You've got to be real.

Thank you to all of the children, young people, families and practitioners who have given their time and experiences to this project and will continue to shape the future of relationship-based practice.



A special thanks to..



Barnardo's Inverclyde

Circle

Clued Up Fife

Impact Arts

Kith & Kin

Rosemount Lifelong Learning

Women's Aid Orkney

Want to know more?

Talk to Katherine or Rowan at ...

Katherine@corra.scot
@CorraKatherine
0141 444 4020

Rowan@corra.scot
@Rowan_Corra
0141 444 4025